

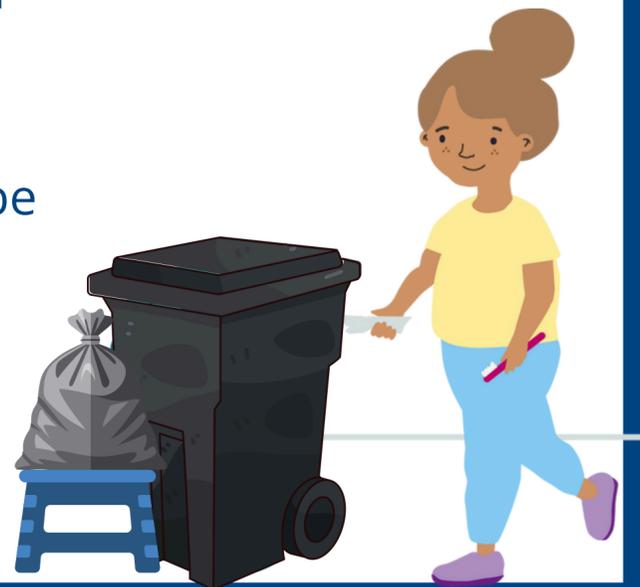


Toothbrushing is a safe and effective way to prevent tooth decay.

The Toothbrushing Standards have been reviewed by Public Health Scotland, The Care Inspectorate and the Chief Dental Officer.

Cleaning Advice

- Use the storage systems provided, these allow brushes to stand in an upright position and allow sufficient distance between brushes to avoid cross-contamination.
- Use the covers provided, if the storage system does not have a cover it should be stored in a designated trolley in a clean dry cupboard.
- Storage systems should be cleaned at least once per week, more if they are dirty with warm water and household detergent.
- Any toothbrushes which fall on the floor should be disposed of appropriately.
- Dispose of paper towels in a bin.



If you have any questions, contact your local Childsmile team:





Dry Toothbrushing Step by Step

1



Supervisors should clean their hands with warm soapy water, before and after toothbrushing.

2



Staff supervising should cover any cuts or abrasions on the skin.

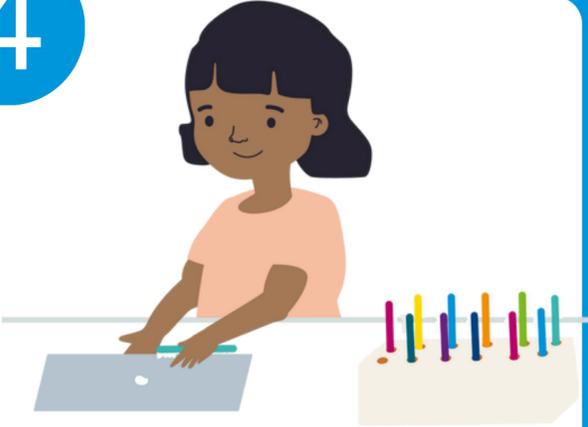
3



Dispense toothpaste onto a clean surface for each child to apply to their brush.

0-3 Years = Smear of Toothpaste
3 Years and Over = Pea Sized

4



Child collects toothbrush and applies toothpaste.

5



Child brushes their teeth.

6



Spit excess toothpaste into paper towel.

7



Dispose of paper towels in a bin.

8



Child should rinse their toothbrush at the sink, then return to the toothbrush rack.

9



Staff should then clean the sink area.