



Childsmile Sustainability:

Progress Towards Meeting Our Aims

May 2022- May 2024

Nicola Williams on behalf of
the Childsmile Research Team



Healthier
Scotland
Scottish
Government

NHS
SCOTLAND



Travel

•Pre 2020, **29** staff used transport to travel to **40** meetings on 186 occasions

•Post 2020, staff attended meetings remotely via MS Teams

3600
kg/CO₂^e
saving

Equipment & Supplies

•15% reduction in use of all mouth mirrors. 18% reduction in use of single use mirrors. 58% planning to move away from mirror use.

Paper

•Electronic resources has reduced paper use by 2.9 tonnes

Paper
2601
kg/CO₂^e
saving



Travel

Move to online training
Reduced footfall & movements within establishments
Deliver NDIP & Fluoride in collaboration

Equipment & Supplies

Use dosing stickers -
Move away from single use mirrors-
Reduce plastic use
Use electronic resources-reduce paper use
Reduce PPE

Childsmile: Sustainable Healthcare

Energy

Move to all Electric fleet—Health boards at various stages.

Waste

Various stages of introduction of recycling
Some boards have local recycling processes
Recycling is new to some areas whilst it has been in place for many years in a few boards.



Energy

•**21%** increase in number of electric vehicles used by boards.

• **69%** of boards planning to further reduce their use of fossil fuelled vehicles by March 2025

Waste

•**100%** of fluoride varnish waste is now collected in orange clinical waste stream (8% increase)

•We are working with NHS National Services to develop a nationwide recycling service for our toothbrush and toothpaste tubes.