

Model B: Toothbrushing In Dry Areas



Toothbrushing is a safe and effective way to prevent tooth decay.

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The Toothbrushing
Standards have been
reviewed by Public Health
Scotland, The Care
Inspectorate and the Chief
Dental Officer.

Cleaning Advice

- Use the storage systems provided, these allow brushes to stand in an upright position and allow sufficient distance between brushes to avoid crosscontamination.
- Use the covers provided, if the storage system does not have a cover it should be stored in a designated trolley in a clean dry cupboard.
- Storage systems should be cleaned at least once per week, more if they are dirty with warm water and household detergent.
- Any toothbrushes which fall on the floor should be recycled.
- Dispose of paper towels in a bin.





If you have any questions, contact your local Childsmile team:



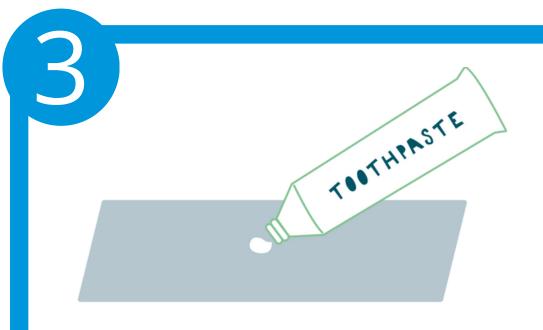
Dry Toothbrushing Step by Step



hands with warm soapy water, before and after toothbrushing.



Staff supervising should cover any cuts or abrasions on the skin.



Dispense toothpaste onto a clean surface for each child to apply to their brush.



0-3 Years = Smear of Toothpaste 3 Years and Over = Pea Sized



Child collects toothbrush and applies toothpaste.





Spit excess toothpaste into paper towel.





Child should rinse their toothbrush at the sink, then return to the toothbrush rack.



Staff should then clean the sink area.

